

PROTEIN BASED POWDERS

Name	Category	Flavour	Size	RETAIL PRICE (inc VAT)	F4T PRICE
TPW™ 100% WHEY	PROTEIN	Banana Smooth	2kg	£46.99	£39.00
TPW™ 100% WHEY	PROTEIN	Chocolate Silk	2kg	£46.99	£39.00
TPW™ 100% WHEY	PROTEIN	Strawberries 'n' Cream	2kg	£46.99	£39.00
TPW™ 100% WHEY	PROTEIN	Vanilla Crème	2kg	£46.99	£39.00
TPW™ 100% WHEY EXTREME	PROTEIN	Banana Smooth	2kg	£76.99	£64.00
TPW™ 100% WHEY EXTREME	PROTEIN	Choc Marble Cheesecake	2kg	£76.99	£64.00
TPW™ 100% WHEY EXTREME	PROTEIN	Double Chocolate	2kg	£76.99	£64.00
TPW™ 100% WHEY EXTREME	PROTEIN	Strawberry Cream	2kg	£76.99	£64.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Butterscotch Ripple	2kg	£52.99	£44.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Chocolate Silk	2kg	£52.99	£44.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Choc Mint Brownie	2kg	£52.99	£44.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Strawberries 'n' Cream	2kg	£52.99	£44.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Vanilla Crème	2kg	£52.99	£44.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Butterscotch Ripple	4kg	£89.99	£75.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Chocolate Silk	4kg	£89.99	£75.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Choc Mint Brownie	4kg	£89.99	£75.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Strawberries 'n' Cream	4kg	£89.99	£75.00
TPW™ 100% WHEY ADVANCED	PROTEIN	Vanilla Crème	4kg	£89.99	£75.00
DIET WHEY COMPLEX	PROTEIN	Banana Smooth	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Butterscotch Ripple	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Caramel Macchiato	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Chocolate Silk	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Choc Mint Brownie	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Strawberries 'n' Cream	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Vanilla Crème	2kg	£34.99	£29.00
DIET WHEY COMPLEX	PROTEIN	Chocolate Silk	4kg	£64.99	£54.00
DIET WHEY COMPLEX	PROTEIN	Vanilla Crème	4kg	£64.99	£54.00
DIET MEAL REPLACEMENT	PROTEIN	Banana Smooth	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Butterscotch Ripple	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Caramel Macchiato	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Cheeky Choc Coconut	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Chocolate Silk	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Choc Mint Brownie	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Lemon Shortcake	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Millionaire's Shortbread	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Strawberries 'n' Cream	2kg	£39.99	£33.00
DIET MEAL REPLACEMENT	PROTEIN	Vanilla Crème	2kg	£39.99	£33.00
DIET VEGAN PROTEIN	PROTEIN	Belgian Choca Mocha	1kg	£23.99	£20.00
DIET VEGAN PROTEIN	PROTEIN	Chocolate Silk	1kg	£23.99	£20.00
DIET VEGAN PROTEIN	PROTEIN	Vanilla Crème	1kg	£23.99	£20.00
EGG WHITE PROTEIN 80	PROTEIN	Unflavoured	1kg	£25.99	£22.00
EGG WHITE PROTEIN 80	PROTEIN	Unflavoured	2kg	£38.99	£32.00
100% MICELLAR CASEIN	PROTEIN	Banana Smooth	2kg	£39.99	£33.00
100% MICELLAR CASEIN	PROTEIN	Chocolate Silk	2kg	£39.99	£33.00
100% MICELLAR CASEIN	PROTEIN	Choc Mint Brownie	2kg	£39.99	£33.00
100% MICELLAR CASEIN	PROTEIN	Strawberries 'n' Cream	2kg	£39.99	£33.00
100% MICELLAR CASEIN	PROTEIN	Vanilla Crème	2kg	£39.99	£33.00
NAKED WHEY PROTEIN 80	PROTEIN	Cookies 'n' Cream	2kg	£41.49	£35.00

NAKED WHEY PROTEIN 80	PROTEIN	Dark Chocolate	2kg	£41.49	£35.00
NAKED WHEY PROTEIN 80	PROTEIN	Velvet Vanilla	2kg	£41.49	£35.00
NAKED WHEY PROTEIN 80	PROTEIN	Wild Strawberry	2kg	£41.49	£35.00
NAKED WHEY PROTEIN 80	PROTEIN	Dark Chocolate	4kg	£75.99	£63.00
NAKED WHEY PROTEIN 80	PROTEIN	Wild Strawberry	4kg	£75.99	£63.00
PEA PROTEIN 80	PROTEIN	Unflavoured	1kg	£11.99	£10.00
RECOVERY PROTEIN	PROTEIN	Chocolate Silk	2kg	£42.99	£36.00
RECOVERY PROTEIN	PROTEIN	Strawberries 'n' Cream	2kg	£42.99	£36.00
SOY PROTEIN 90 (isolate)	PROTEIN	Unflavoured	2kg	£21.99	£18.00
SOY PROTEIN 90 (isolate)	PROTEIN	Caramel Macchiato	2kg	£27.99	£23.00
SOY PROTEIN 90 (isolate)	PROTEIN	Chocolate Silk	2kg	£27.99	£23.00
SOY PROTEIN 90 (isolate)	PROTEIN	Choc Mint Brownie	2kg	£27.99	£23.00
SOY PROTEIN 90 (isolate)	PROTEIN	Choc Peanut Cookie	2kg	£27.99	£23.00
SOY PROTEIN 90 (isolate)	PROTEIN	Millionaire's Shortbread	2kg	£27.99	£23.00
SOY PROTEIN 90 (isolate)	PROTEIN	Vanilla Crème	2kg	£27.99	£23.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Banana Smooth	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Chocolate Silk	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Choc Mint Brownie	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Cookies 'n' Cream	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Strawberries 'n' Cream	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Vanilla Crème	2kg	£34.99	£29.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Banana Smooth	4kg	£58.99	£49.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Chocolate Silk	4kg	£58.99	£49.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Choc Mint Brownie	4kg	£58.99	£49.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Cookies 'n' Cream	4kg	£58.99	£49.00
ALL IN ONE PROTEIN THE WORKS™	PROTEIN	Vanilla Crème	4kg	£58.99	£49.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Banana Smooth	2kg	£39.99	£33.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Chocolate Silk	2kg	£39.99	£33.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Strawberries 'n' Cream	2kg	£39.99	£33.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Vanilla Crème	2kg	£39.99	£33.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Banana Smooth	4kg	£74.99	£62.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Chocolate Silk	4kg	£74.99	£62.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Strawberries 'n' Cream	4kg	£74.99	£62.00
ALL IN ONE THE WORKS™ ADVANCED	PROTEIN	Vanilla Crème	4kg	£74.99	£62.00
TOTAL MASS MATRIX	PROTEIN	Banana Smooth	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Chocolate Silk	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Choc Mint Brownie	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Cookies 'n' Cream	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Strawberries 'n' Cream	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Vanilla Crème	2kg	£23.99	£20.00
TOTAL MASS MATRIX	PROTEIN	Banana Smooth	5kg	£49.99	£42.00
TOTAL MASS MATRIX	PROTEIN	Chocolate Silk	5kg	£49.99	£42.00
TOTAL MASS MATRIX	PROTEIN	Choc Mint Brownie	5kg	£49.99	£42.00
TOTAL MASS MATRIX	PROTEIN	Cookies 'n' Cream	5kg	£49.99	£42.00
TOTAL MASS MATRIX	PROTEIN	Strawberries 'n' Cream	5kg	£49.99	£42.00
TOTAL MASS MATRIX	PROTEIN	Vanilla Crème	5kg	£49.99	£42.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Banana Smooth	2.12kg	£34.99	£29.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Chocolate Silk	2.12kg	£34.99	£29.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Salted Caramel Bandit	2.12kg	£34.99	£29.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Strawberries 'n' Cream	2.12kg	£34.99	£29.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Banana Smooth	4.24kg	£59.99	£50.00

TOTAL MASS MATRIX EXTREME	PROTEIN	Chocolate Silk	4.24kg	£59.99	£50.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Salted Caramel Bandit	4.24kg	£59.99	£50.00
TOTAL MASS MATRIX EXTREME	PROTEIN	Strawberries 'n' Cream	4.24kg	£59.99	£50.00
VEGAN PROTEIN	PROTEIN	Unflavoured	2kg	£36.99	£31.00
VEGAN PROTEIN	PROTEIN	Chocolate Silk	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Choc Mint Brownie	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Cookies 'n' Cream	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Choc Peanut Cookie	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Millionaire's	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Strawberries 'n' Cream	2kg	£39.99	£33.00
VEGAN PROTEIN	PROTEIN	Vanilla Crème	2kg	£39.99	£33.00
VEGAN SUPER BLEND	PROTEIN	Chocolate Silk	2kg	£42.99	£36.00
VEGAN SUPER BLEND	PROTEIN	Vanilla Coconut	2kg	£42.99	£36.00
VEGAN MEAL REPLACEMENT	PROTEIN	Chocolate Silk	2kg	£49.99	£42.00
WHEY PROTEIN 360	PROTEIN	Apple & Cinnamon Pudding	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Banana Milkshake	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Banoffee Deluxe	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Butterscotch Ripple	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Cherry Bakewell	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Cheeky Choc Coconut	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Chocolate Silk	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Choc Marble Cheesecake	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Choc Orange Swirl	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Choc Peanut Cookie Dough	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Lemon Shortcake	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Salted Caramel Bandit	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	Strawberries 'n' Cream	2.4kg	£43.99	£37.00
WHEY PROTEIN 360	PROTEIN	French Vanilla	2.4kg	£43.99	£37.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Unflavoured	2kg	£24.99	£21.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Apple Cinnamon Swirl	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Banana Smooth	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Butterscotch Ripple	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Caramel Macchiato	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Cheeky Choc Coconut	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Cherry Bakewell	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Chocolate Silk	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Choc Mint Brownie	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Cookies 'n' Cream	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Lemon Shortcake	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Millionaire's Shortbread	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Salted Caramel Bandit	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Strawberries 'n' Cream	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Strawberry & White Choc	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Vanilla Crème	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Wild Raspberry	2kg	£29.99	£25.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Unflavoured	4kg	£47.99	£40.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Apple Cinnamon Swirl	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Banana Smooth	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Caramel Macchiato	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Cherry Bakewell	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Chocolate Silk	4kg	£53.99	£45.00

WHEY PROTEIN 80 (concentrate)	PROTEIN	Choc Mint Brownie	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Cookies 'n' Cream	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Millionaire's Shortbread	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Salted Caramel Bandit	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Strawberries 'n' Cream	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Strawberry & White Choc	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Vanilla Crème	4kg	£53.99	£45.00
WHEY PROTEIN 80 (concentrate)	PROTEIN	Wild Raspberry	4kg	£53.99	£45.00

NON PROTEIN BASED POWDERS + TABLETS

Name	Category	Flavour	Size	RETAIL PRICE (inc VAT)	F4T PRICE
24/7 SUPER MULTIVITAMIN	PILLS		90	£16.99	£14.00
BCAA COMPLEX	PILLS		90	£11.99	£10.00
CLA	PILLS		60	£8.49	£7.00
CLA	PILLS		120	£12.99	£11.00
COCONUT DETOX	PILLS	Unflavoured	60	£12.99	£11.00
COCONUT ENERGY	PILLS	Unflavoured	60	£14.99	£12.00
CREATINE MONO CHEWS	PILLS	Blackcurrent	100	£10.99	£9.00
DIET SUPER MULTI-VITAMIN	PILLS		30	£7.99	£7.00
ELITE MAN™ SUPER MULTI-VITAMIN	PILLS		60	£14.99	£12.00
GREEN COFFEE EXTRACT	PILLS		90	£12.99	£11.00
GLUCOMANNAN CAPSULES	PILLS		90	£14.99	£12.00
GREEN TEA ULTRA	PILLS		90	£10.99	£9.00
BCAA ULTRA 5:1:1	PILLS		90	£14.99	£12.00
PERFORMANCE CAFFEINE	PILLS		180	£8.49	£7.00
RED-CELL™	PILLS		90	£32.99	£27.00
ULTRA OMEGA 3	PILLS		90	£9.99	£8.00
OMEGA 3	PILLS		90	£5.49	£5.00
OMEGA 3:6:9	PILLS		90	£8.49	£7.00
PERFORMANCE VITAMINS	PILLS		60	£6.99	£6.00
T- FACTOR	PILLS		90	£21.99	£18.00
THERMOPRO	PILLS		45	£9.99	£8.00
THERMOPRO	PILLS		90	£17.99	£15.00
ULTRA CLA 1500	PILLS		60	£12.49	£10.00
VEGAN OMEGA 3: 6: 9 AHIFLOWER® OIL	PILLS		60	£9.99	£8.00
VITAMIN D3	PILLS		180	£9.99	£8.00
ZINC and MAGNESIUM	PILLS		90	£8.99	£7.00
CREATINE EXTREME	POWDER	Berry Blast	750g	£36.99	£31.00
CREATINE EXTREME	POWDER	Orange Burst	750g	£36.99	£31.00
ACETYL L CARNITINE	POWDER	Unflavoured	500g	£32.99	£27.00
AMINO-NRG	POWDER	Berry Blitz	250g	£12.99	£11.00
AMINO-NRG	POWDER	Orange Burst	250g	£12.99	£11.00
AMINO-NRG	POWDER	Berry Blitz	500g	£23.99	£20.00
AMINO-NRG	POWDER	Orange Burst	500g	£23.99	£20.00
BARLEY GRASS POWDER	POWDER	Unflavoured	250g	£10.99	£9.00
BARLEY GRASS POWDER	POWDER	Unflavoured	500g	£19.99	£17.00
iBCAA	POWDER	Unflavoured	500g	£23.99	£20.00
iBCAA	POWDER	Berry Blitz	500g	£27.99	£23.00
iBCAA	POWDER	Green Apple Spike	500g	£27.99	£23.00
iBCAA	POWDER	Orange Burst	500g	£27.99	£23.00
iBCAA	POWDER	Tropical Punch	500g	£27.99	£23.00
iBCAA	POWDER	Unflavoured	1kg	£42.99	£36.00
BCAA EXTREME	POWDER	Unflavoured	500g	£29.99	£25.00
BCAA EXTREME	POWDER	Cherry Limeade Cooler	500g	£32.99	£27.00
BCAA EXTREME	POWDER	Watermelon Breeze	500g	£32.99	£27.00
BCAA EXTREME	POWDER	Orange Burst	500g	£32.99	£27.00
BETA ALANINE	POWDER	Unflavoured	500g	£21.99	£18.00
CITRULLINE MALATE	POWDER	Unflavoured	500g	£44.99	£37.00
CREATINE MONOHYDRATE	POWDER	Unflavoured	500g	£7.49	£6.00

CREATINE MONOHYDRATE	POWDER	Berry Blitz	500g	£11.99	£10.00
CREATINE MONOHYDRATE	POWDER	Green Apple Spike	500g	£11.99	£10.00
CREATINE MONOHYDRATE	POWDER	Orange Burst	500g	£11.99	£10.00
CREATINE MONOHYDRATE	POWDER	Unflavoured	1kg	£12.99	£11.00
CREATINE MONO CREAPURE®	POWDER	Unflavoured	500g	£13.99	£12.00
D ASPARTIC ACID	POWDER	Unflavoured	500g	£33.99	£28.00
DEXTROSE	POWDER	Unflavoured	2kg	£7.29	£6.00
DEXTROSE	POWDER	Unflavoured	4kg	£10.99	£9.00
DIET SUPER GREENS	POWDER	Mandarin Orange	1kg	£62.99	£52.00
DIET SUPER GREENS	POWDER	Pomegranate & Cranberry	1kg	£62.99	£52.00
DIET SUPER GREENS	POWDER	Tropical Punch	1kg	£62.99	£52.00
D-RIBOSE	POWDER	Unflavoured	500g	£24.49	£20.00
ESSENTIAL AMINO ACIDS	POWDER	Unflavoured	500g	£22.49	£19.00
ESSENTIAL AMINO ACIDS	POWDER	Unflavoured	1kg	£39.99	£33.00
FLAX SEED POWDER	POWDER	Unflavoured	500g	£12.99	£11.00
GLUTAMINE	POWDER	Unflavoured	500g	£11.99	£10.00
GLUTAMINE	POWDER	Berry Blitz	500g	£17.99	£15.00
GLUTAMINE	POWDER	Green Apple Spike	500g	£17.99	£15.00
GLUTAMINE	POWDER	Orange Burst	500g	£17.99	£15.00
GLUTAMINE	POWDER	Unflavoured	1kg	£20.99	£17.00
GLUTAMINE	POWDER	Berry Blitz	1kg	£28.99	£24.00
GLUTAMINE	POWDER	Green Apple Spike	1kg	£28.99	£24.00
GLUTAMINE	POWDER	Orange Burst	1kg	£28.99	£24.00
GLUTEN FREE PURE FINE OATS	POWDER	Unflavoured	2kg	£15.99	£13.00
GLUTEN FREE PURE FINE OATS	POWDER	Unflavoured	4kg	£27.99	£23.00
GREEN TEA EXTRACT	POWDER	Unflavoured	250g	£12.99	£11.00
GREEN TEA EXTRACT	POWDER	Unflavoured	500g	£20.99	£17.00
LEUCINE	POWDER	Unflavoured	500g	£15.99	£13.00
MALTODEXTRIN	POWDER	Unflavoured	2kg	£7.29	£6.00
MALTODEXTRIN	POWDER	Unflavoured	4kg	£10.99	£9.00
MEDIUM CHAIN TRIGLYCERIDES	POWDER	Unflavoured	500g	£29.99	£25.00
MATCHA GREEN TEA POWDER	POWDER	Unflavoured	250g	£25.99	£22.00
MUSCLE SUPER GREENS	POWDER	Mandarin Orange	500g	£34.99	£29.00
MUSCLE SUPER GREENS	POWDER	Pomegranate & Cranberry	500g	£34.99	£29.00
MUSCLE SUPER GREENS	POWDER	Tropical Punch	500g	£34.99	£29.00
MUSCLE SUPER GREENS	POWDER	Mandarin Orange	1kg	£59.99	£50.00
MUSCLE SUPER GREENS	POWDER	Pomegranate & Cranberry	1kg	£59.99	£50.00
MUSCLE SUPER GREENS	POWDER	Tropical Punch	1kg	£59.99	£50.00
SUPER REDS	POWDER	Natural Raspberry	500g	£29.99	£25.00
SPIRULINA	POWDER	Unflavoured	500g	£17.99	£15.00
SUPER GREENS	POWDER	Unflavoured	500g	£29.99	£25.00
SUPER GREENS	POWDER	Green Apple	500g	£31.99	£27.00
SUPER GREENS	POWDER	Mandarin Orange	500g	£31.99	£27.00
SUPER GREENS	POWDER	Pomegranate & Cranberry	500g	£31.99	£27.00
SUPER GREENS	POWDER	Tropical Punch	500g	£31.99	£27.00
SUPER GREENS	POWDER	Unflavoured	1kg	£54.99	£46.00
SUPER GREENS	POWDER	Green Apple	1kg	£55.99	£47.00
SUPER GREENS	POWDER	Mandarin Orange	1kg	£55.99	£47.00
SUPER GREENS	POWDER	Pomegranate & Cranberry	1kg	£55.99	£47.00
SUPER GREENS	POWDER	Tropical Punch	1kg	£55.99	£47.00
GENESIS PREWORKOUT™	PRE-WORK	Orange Burst	500g	£29.99	£25.00

GENESIS PREWORKOUT™	PRE-WORK	Raspberry Lemonade	500g	£29.99	£25.00
GENESIS PREWORKOUT™	PRE-WORK	Tropical Punch	500g	£29.99	£25.00
PRE-WORKS™	PRE-WORK	Berry Blitz	500g	£27.99	£23.00
PRE-WORKS™	PRE-WORK	Orange Burst	500g	£27.99	£23.00
PRE-WORKS™	PRE-WORK	Tropical Punch	500g	£27.99	£23.00
RAZE™ BURN	PRE-WORK	Green Apple Spike	500g	£27.99	£23.00
RAZE™ BURN	PRE-WORK	Blood Orange	500g	£27.99	£23.00
RAZE™ BURN	PRE-WORK	Green Apple Spike	1kg	£49.99	£42.00
RAZE™ BURN	PRE-WORK	Blood Orange	1kg	£49.99	£42.00

FOOD & SNACKS

Name	Category	Flavour	Size	RETAIL PRICE (inc VAT)	F4T PRICE
ALMOND BUTTER	FOOD/SNACKS	Simply Smooth	1kg	£15.99	£13.00
NATURAL ALMONDS	FOOD/SNACKS		400g	£9.99	£8.00
BILTONG	FOOD/SNACKS	Chilli Chutney	100g	£4.99	£4.00
BILTONG	FOOD/SNACKS	Original	100g	£4.99	£4.00
BILTONG	FOOD/SNACKS	Peri Peri Hot	100g	£4.99	£4.00
BILTONG	FOOD/SNACKS	Teriyaki	100g	£4.99	£4.00
NATURAL BRAZILS	FOOD/SNACKS		400g	£7.99	£7.00
ORGANIC BROWN FLAXSEED	FOOD/SNACKS	Natural	500g	£3.99	£3.00
ORGANIC ROASTED CACAO NIBS	FOOD/SNACKS	Natural	400g	£5.99	£5.00
NATURAL CASHEWS	FOOD/SNACKS		400g	£7.99	£7.00
CASHEW BUTTER	FOOD/SNACKS	Simply Smooth	1kg	£15.99	£13.00
ORGANIC CHIA SEEDS	FOOD/SNACKS	Natural	500g	£7.99	£7.00
CACAO ALMOND NUT BUTTER	FOOD/SNACKS		500g	£12.99	£11.00
ORGANIC VIRGIN COCONUT OIL	FOOD/SNACKS	Unflavoured	460g	£11.99	£10.00
COCONUT CHIPS	FOOD/SNACKS	Natural	200g	£4.49	£4.00
DRIED CRANBERRIES	FOOD/SNACKS	Natural	400g	£6.99	£6.00
DRIED GOJI BERRIES	FOOD/SNACKS	Natural	400g	£9.99	£8.00
PROTEIN GRANOLA	FOOD/SNACKS	Super Berry	400g	£7.99	£7.00
PROTEIN GRANOLA	FOOD/SNACKS	Choc Almond & Pecan	400g	£7.99	£7.00
PROTEIN GRANOLA	FOOD/SNACKS	Original	400g	£7.99	£7.00
PROTEIN GRANOLA	FOOD/SNACKS	Tropical Punch	400g	£7.99	£7.00
INDULGENT NUT BUTTER	FOOD/SNACKS		500g	£12.99	£11.00
BEEF JERKY	FOOD/SNACKS	Hot 'n' Spicy	50g	£3.99	£3.00
BEEF JERKY	FOOD/SNACKS	Original	50g	£3.99	£3.00
BEEF JERKY	FOOD/SNACKS	Peppered	50g	£3.99	£3.00
BEEF JERKY	FOOD/SNACKS	Olde Smokey	50g	£3.99	£3.00
BEEF JERKY	FOOD/SNACKS	Sweet Teriyaki	50g	£3.99	£3.00
OMEGA SEED BLEND	FOOD/SNACKS	Natural	500g	£8.99	£7.00
PROTEIN PANCAKE MIX	FOOD/SNACKS	Natural	1kg	£15.99	£13.00
PROTEIN PANCAKE MIX	FOOD/SNACKS	Butterscotch Ripple	1kg	£17.99	£15.00
PROTEIN PANCAKE MIX	FOOD/SNACKS	Apple & Cinnamon	1kg	£17.99	£15.00
PROTEIN PANCAKE MIX	FOOD/SNACKS	Toffee Banana	1kg	£17.99	£15.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Choc Bourbon Biscuit	500g	£7.99	£7.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Choc Fudge Brownie	500g	£7.99	£7.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Pumpkin Spice	500g	£7.99	£7.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Silky White Chocolate	500g	£7.99	£7.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Salted Caramel	500g	£7.99	£7.00
PEANUT BUTTER LUXE	FOOD/SNACKS	Toffee Fudge Crunch	500g	£7.99	£7.00
PEANUT BUTTER	FOOD/SNACKS	Super Crunchy	1kg	£6.49	£5.00
PEANUT BUTTER	FOOD/SNACKS	Simply Smooth	1kg	£6.49	£5.00
PROTEIN PORRIDGE	FOOD/SNACKS	Apple & Cinnamon	2kg	£29.99	£25.00
PROTEIN PORRIDGE	FOOD/SNACKS	Banana Choc Chip	2kg	£29.99	£25.00
PROTEIN PORRIDGE	FOOD/SNACKS	Original	2kg	£29.99	£25.00
PROTEIN PORRIDGE	FOOD/SNACKS	Apple & Cinnamon	4kg	£49.99	£42.00
PROTEIN PORRIDGE	FOOD/SNACKS	Original	4kg	£49.99	£42.00
PROTEIN COOKIES	FOOD/SNACKS	Salted Caramel Cookie Dough	Box of 12	£19.99	£17.00
PROTEIN COOKIES	FOOD/SNACKS	Rocky Choc Mash up	Box of 12	£19.99	£17.00
PROTEIN COOKIES	FOOD/SNACKS	Triple Chocolate Trouble	Box of 12	£19.99	£17.00

PROTEIN PORRIDGE POTS	FOOD/SNACKS	Apple & Cinnamon	75g	£1.99	£2.00
PROTEIN PORRIDGE POTS	FOOD/SNACKS	Banana Choc Chip	75g	£1.99	£2.00
PROTEIN PORRIDGE POTS	FOOD/SNACKS	Very Berry	75g	£1.99	£2.00
PROTEIN PORRIDGE POTS	FOOD/SNACKS	Golden Syrup	75g	£1.99	£2.00
PROTEIN PORRIDGE POTS	FOOD/SNACKS	Original	75g	£1.99	£2.00
RAW ENERGY MIX	FOOD/SNACKS	Natural	400g	£11.99	£10.00
RAWTELLA	FOOD/SNACKS	Natural	500g	£11.99	£10.00
PROTEIN BROWNIES	FOOD/SNACKS	Belgian Chocolate	Box of 12	£23.99	£20.00
PROTEIN BROWNIES	FOOD/SNACKS	Choc Peanut Butter	Box of 12	£23.99	£20.00
PROTEIN BROWNIES	FOOD/SNACKS	Choc Hazelnut	Box of 12	£23.99	£20.00
PROTEIN BROWNIES	FOOD/SNACKS	Millionaire's Shortbread	Box of 12	£23.99	£20.00
PROTEIN NUTTIES	FOOD/SNACKS	Almond Super Berry	Box of 12	£23.99	£20.00
PROTEIN NUTTIES	FOOD/SNACKS	Cashew Coconut	Box of 12	£23.99	£20.00
PROTEIN NUTTIES	FOOD/SNACKS	Peanut Crunch	Box of 12	£23.99	£20.00
PROTEIN NUTTIES	FOOD/SNACKS	Triple Nut Choc	Box of 12	£23.99	£20.00
PROTEIN TRUFFLES	FOOD/SNACKS	Caramel Macchiato	Box of 12	£23.99	£20.00
PROTEIN TRUFFLES	FOOD/SNACKS	Jaffa Cake	Box of 12	£23.99	£20.00
PROTEIN TRUFFLES	FOOD/SNACKS	Millionaire's Shortbread	Box of 12	£23.99	£20.00
PROTEIN TRUFFLES	FOOD/SNACKS	Strawberry Cheesecake	Box of 12	£23.99	£20.00
SUPERFOOD BITES	FOOD/SNACKS	Banana & Cacao	200g	£6.99	£6.00
SUPERFOOD BITES	FOOD/SNACKS	Berry	200g	£6.99	£6.00
SUPERFOOD BITES	FOOD/SNACKS	Chocolate	200g	£6.99	£6.00
VEGAN CRAVERS	FOOD/SNACKS	Chocolate Avalanche	Box of 12	£23.99	£20.00
VEGAN CRAVERS	FOOD/SNACKS	Salted Caramel	Box of 12	£23.99	£20.00
PROTEIN CRUNKIES	FOOD/SNACKS	Coconut & Apricot Melee	Box of 12	£21.99	£18.00
PROTEIN CRUNKIES	FOOD/SNACKS	Cranberry & Goji Hubbub	Box of 12	£21.99	£18.00
PROTEIN CRUNKIES	FOOD/SNACKS	Apple & Cinnamon Confusion	Box of 12	£21.99	£18.00
ZERO SYRUPS™	FOOD/SNACKS	Blueberry	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Butterscotch	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Choc Fudge	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Cherry	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Maple Syrup	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Strawberry	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Golden Syrup	400ml	£4.79	£4.00
ZERO SYRUPS™	FOOD/SNACKS	Butterscotch	600ml	£5.99	£5.00
ZERO SYRUPS™	FOOD/SNACKS	Choc Fudge	600ml	£5.99	£5.00
ZERO SYRUPS™	FOOD/SNACKS	Golden Syrup	600ml	£5.99	£5.00
ZERO SYRUPS™	FOOD/SNACKS	Maple Syrup	600ml	£5.99	£5.00
ORGANIC COCONUT FLOUR	FOOD/SNACKS	Unflavoured	1kg	£8.99	£7.00
PURE FINE OATS	FOOD/SNACKS	Unflavoured	2kg	£5.49	£5.00
PURE FINE OATS	FOOD/SNACKS	Chocolate Silk	2kg	£9.99	£8.00
PURE FINE OATS	FOOD/SNACKS	Vanilla Crème	2kg	£9.99	£8.00

ACCESSORIES

Name	Category	Size	RETAIL PRICE (inc VAT)	F4T PRICE	
TPW™ MASTER SHAKER	ACCESSORIES	600ml	£2.99	£2.00	
TPW™ PROTEIN SHAKER	ACCESSORIES	700ml	£3.99	£3.00	
TPW™ BLACK 'N' GOLD SHAKER	ACCESSORIES	700ml	£11.99	£10.00	
THE JUGGERNAUT MINI	ACCESSORIES	Crystal Clear	1.5L	£6.99	£6.00
THE JUGGERNAUT MINI	ACCESSORIES	Smoked Black	1.5L	£6.99	£6.00
TPW™ LUNCH BOX	ACCESSORIES		£4.99	£4.00	
RESOLUTION EDITION PLATINUM SHAKER	ACCESSORIES	700ml	£5.99	£5.00	
TPW™ PILL BOX	ACCESSORIES		£1.99	£2.00	
TPW™ STAINLESS STEEL SHAKER	ACCESSORIES	700ml	£11.99	£10.00	
THE JUGGERNAUT	ACCESSORIES	Smoked Black	2.2L	£9.99	£8.00
THE JUGGERNAUT	ACCESSORIES	Crystal Clear	2.2L	£9.99	£8.00